

IsaLean® Shake Natural Berry Harvest

Nutrition Facts

Serving Size: 1 Packet (61 g)
 Servings per Container: 14

Amount per Serving	
Calories 250	Calories from Fat 80
	Calories from Saturated Fat 10
	% Daily Value*
Total Fat 8 g	12%
Saturated Fat 1 g	5%
Trans Fat 0 g	
Polyunsaturated Fat 2.5 g	
Monounsaturated Fat 3.5 g	
Cholesterol 0 mg	0%
Sodium 250 mg	10%
Potassium 120 mg	3%
Total Carbohydrate 22 g	7%
Dietary Fiber 8 g	32%
Sugars 7 g	
Protein 22 g	44%
Vitamin A 0% • Vitamin C	270%
Calcium 8% • Iron	35%

*Percent Daily Values are based on a 2,000 calorie diet.
 Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65 g	80 g
Saturated Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Total Carbohydrate		300 mg	375 mg
Dietary Fiber		25 mg	30 mg

Calories per gram: Fat - 9 • Carbohydrates - 4 • Protein - 4

Ingredients: Pea protein concentrate, hemp protein concentrate, molasses powder, isomaltooligosaccharide powder, sunflower (*Helianthus annuus*) oil powder, canola lecithin, natural flavors, chia (*Salvia hispanica*) seed powder, blueberry (*Vaccinium corymbosum*) fruit powder, whole grain rice milk powder, olive (*Olea europaea*) oil powder, flax (*Linum usitatissimum*) seed powder, tapioca maltodextrin, xanthan gum, inulin, medium chain triglyceride (MCT) oil powder, cinnamon (*Cinnamomum zeylanicum*) powder, vegetable and fruit blend [apple (*Malus pumila*), carrot (*Daucus carota*), red beet (*Beta vulgaris*)], pectin, silicon dioxide, ascorbic acid, Ionic Alfalfa™ (*Medicago sativa*), potassium citrate, citric acid, sprout blend [broccoli (*Brassica oleracea var. italica*) sprout, cabbage (*B. oleracea var. capitata*) sprout, cauliflower (*B. oleracea var. botrytis*) sprout, daikon (*Raphanus sativus*) sprout, kale (*B. oleracea var. acephala*) sprout, millet (*Panicum miliaceum*) sprout, quinoa (*Chenopodium quinoa*) sprout], tricalcium phosphate, magnesium stearate, *Lactobacillus acidophilus*, monk fruit extract, kale (*B. oleracea var. acephala*) juice powder, pumpkin (*Cucurbita pepo*) pulp powder, savoy cabbage (*B. oleracea var. capitata*) juice powder, spinach (*Spinacia oleracea*) juice powder, stevia (*Stevia rebaudiana*) leaf extract, carrot (*Daucus carota*) juice powder, red beet (*Beta vulgaris*) juice powder